



You Know You're a Glam Granola Girl If...

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I've been flipping through the most delightful book by Wendy Roy! It would make the perfect gift for your Glam-Granola girlfriends. You know the girls who are really down to earth but still take pleasure from a great lipstick or heels. Still not sure? The Glam-Granola girl loves fashion and cruelty free shopping as well as taking part in camping and spending time with friends.

Living in Maine, aka the headquarters for the 'crunchy granola' woman, I see those women who are so committed to organic living they don't care about any particular fashion. Glam-Granola girls by contrast are ultra-stylish while still demanding premium quality skincare and personal products. If only haute couture would go organic!

Learn more about the author, Wendy Roy on her website: www.glamgranola.com

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